

Empowered Ed Training Review & Reflection Form

Name of Educator:

Name of Training Session Attended:

Reflection Prompts

1. Why was this topic of interest to me?

2. Questions and/or challenges this training session raised for me...

3. What was something new I learnt through this experience?

4. Ideas/Strategies/Actions I want to try now...

5. Where could I find more information that will help me take action?

6. Who could mentor or help me to access this information? How?



3 Action Steps I Will Take

1

2

3

I will complete these goals by:

I know when they are completed when...